System Versus Independent Hospitals – What's the Diff?

Small Rural Hospital Improvement Program (SHIP)

> Clint MacKinney, MD, MS Rural Health Value August 3, 2023



Rural Health Value (RHV)

- To facilitate rural provider and community transitions from volume-based to value-based health care and payment.
- Rural Health Value's charge
 - Develop tools and resources
 - Interpret health policy
 - Disseminate best practices
 - Provide direct technical assistance
 - Share rural stakeholder experiences







www.ruralhealthvalue.org



Hospital Fast Facts

Fast Facts on U.S. Hospitals, 2023 Two-thirds of Community Hospitals are Urban 65% Urban (3,357) Community Hospitals by Urban vs Rural (Total 5,157), FY2021

American Hospital

Advancing Haulth in America

Source: American Hospital Association. Fast Facts on U.S. Hospitals, 2023.

https://www.aha.org/statistics/fast-facts-us-hospitals

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Fast Facts on U.S. Hospitals, 2023

Two-thirds of Community Hospitals are System-affiliated





68% System-affiliated (3,514) 32% Independent (1,643)

Community Hospitals by System-affilliated vs Independent (Total 5,157), FY 2021

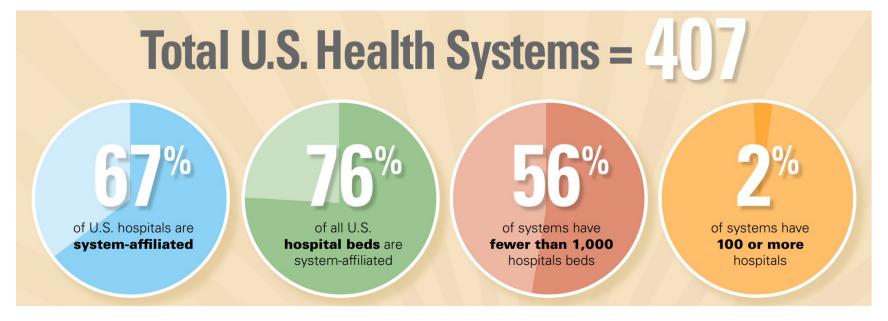
Source: American Hospital Association. Fast Facts on U.S. Hospitals, 2023 https://www.oho.org/statistics/fast-facts-us-hospitals
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Hospital Systems (AHA)

A multihospital system involves two or more hospitals, while a single diversified hospital system involves one hospital and three or more pre- or post-acute health care organizations.





Differences and Similarities

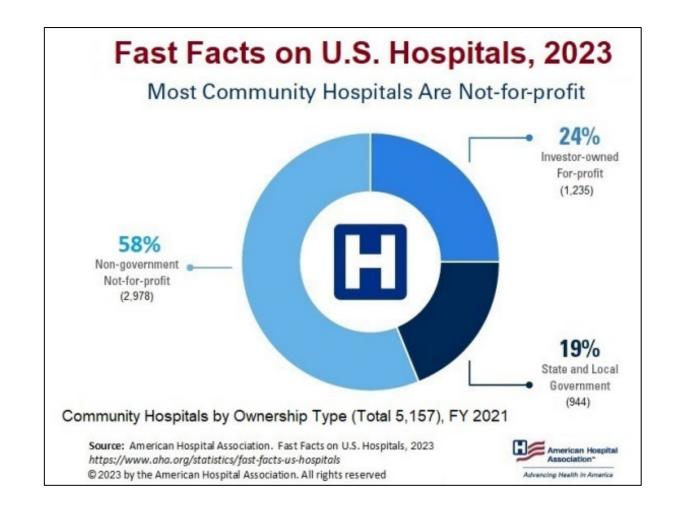
- 1. Ownership
- 2. Designation
- 3. Payment
- 4. Operations
- 5. Inter-dependence





Ownership

- For profit (investors)
- Nonprofit (bond holders)
- Government
- Joint ownership





Designation

Acute Care Hospitals

- Prospective Payment System
- Critical Access Hospital
- Rural Emergency Hospital (new)
- Special designations (SCH, MDH, LVH)
- Specialty hospitals





Payment

- Prospective payment
- Cost-based reimbursement
- Direct fee-for-service
- Value-based payment
 - ACOs
 - CMS VBP Program
 - Bundled payment programs





Operations

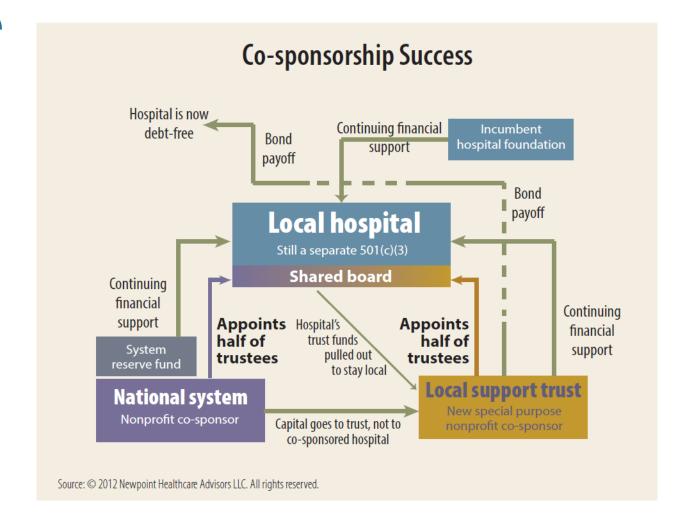
- Economies of scale
- Peripheral support (e.g., IT, QI)
- Process standardization
- Bench depth
- Decision-making
- Cross-learning and coordination





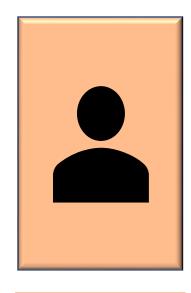
Inter-dependence

- "Independence" is not a mission.
- Instead: health care that serves the community in perpetuity.
- Many models facilitate interdependence.
- Goal: Triple Aim





Triple Aim and Why It's Important







Better Care

Improved Health Smarter Spending

- What most people expect of the healthcare system!
- Let's also consider the Quadruple Aim.
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